

**General Information:** 

- This program is free of charge
- Comprehensive early childhood educational services provided
- Classes are Monday-Thursday
- Breakfast/Lunch/Snack provided
- Referral services available for children with special needs
- Health and nutritional referrals
- Social Service referrals
- Community resource referrals
- Limited transportation available
- And much more!

To obtain an enrollment application packet or if you have any questions, call us at: (360) 456-5221

Head Start: Mona Gomez-Cabrera x1324 Early HS: Chenoa Vargas-Perez x1215



#### Questions

For further inquiries and/or to obtain an enrollment application, please contact us at the phone number or email below:

Office Hours: Monday-Friday 8:00am-5:00pm

#### **Contact Us**

Phone: (360) 456-5221 Web: <u>http://www.nisqually-nsn.gov/</u>

Head Start: 3-5 years old: Mona Gomez-Cabrera x1324 gomez.cabrera.mona@nisqually-nsn.gov

**Early Head Start: 6 weeks-to-3 years old** Chenoa Vargas-Perez x1215 yargas-perez.chenoa@nisqually-nsn.goy

"Let us put our minds together and see what life we can make for our children."

-Sitting Bull





# Nisqually Tribe Early/Head Start



Awarded 2013 Regional Recipient of the Office of Head Start & National Leadership award for Family Engagement

Nisqually Tribe Early/Head Start promotes school readiness for children from low-income families ages birth-tofive through comprehensive early childhood educational services to promote early learning & development and family well-being.



**Program Overview** 

Nisqually Early/Head Start is a federally funded program that give children age's 6 weeks to 5 and their families the tools they need to succeed in school and in life at no cost to participants.

The caring and qualified staff at Nisqually Early/Head Start provides comprehensive early childhood educational services and activities that help children develop, physically, socially, and emotionally.

We believe parents are their child's most important teachers. We encourage parent participation in all program activities and partner with parents to help children succeed.





## **Our Mission**

To offer a place of support for our children and families by empowering the families to become further involved in the education of their children.

The Early/Head Start Program provides educational opportunities necessary to nurture and develop positive self-esteem and greater competency amongst our families as they move forward in life.

## Eligibility

- Early Head Start serves children ages: 6 weeks through 3 years
- Head Start serves children ages: 3 through 5 (Must be age 3 before August 31<sup>st</sup> of the current school year.)
- Children with disabilities are welcome
- Children from low-income families have higher priority, but higher income families can enroll as well.
  - Nisqually Tribe E/HS serves areas of Lacey, and Yelm.



### **Reasons to Attend Early/Head Start**

- Children who attend Early Head Start and transition to Head Start and are typically more ready for kindergarten than children who do not attend Head Start.
- Children who attend EHS often show significantly better social-emotional, language, and cognitive development.
- Children who attend HS often have better social skills, impulse control, and enhanced focused approaches to learning.
- Early/Head Start shows positive impacts on participants' social-emotional functioning that can last through the fifth grade, and beyond.
- Research has shown Head Start children have a higher likelihood of graduating high school, attending college, and receiving a post-secondary degree, license, or certification.