



NISQUALLY

ELDERS PROGRAM

sq̓'ali'abš sluḵluḵaltx̣w

July 2025

Menu Subject to Change

Tuesday	Wednesday	Thursday	Friday
Baked Chicken 1 Mushroom Pilaf Green Beans	Razor Clam Chowder & Frybread 2	Program Closure Administrative Day 3	Holiday Closure 4
Kielbasa, Onions & Peppers Kartoffelsalat (Warm Potato Salad) 8	Beans & Ham Hocks 9 Roasted Kale Cornbread	Elk Gravy 10 Rice Corn	Chicken Fried Steak 11 Mashed Potatoes & Gravy Roasted Broccoli
Fish & Chips 15 Coleslaw	Pork Roast 16 Sweet Potatoes Brussel Sprouts	Coconut Shrimp 17 Fried Rice Steamed Cabbage	Garlic Parmesan Chicken 18 Pasta Roasted Veggies
Salmon Patties 22 Smashed Potatoes Collard Greens	Pulled Pork Sandwich 23 Tater Tots Veggie Blend	BBQ Pork Ribs 24 Mac & Cheese Corn on Cob	Beef Stew & Wheat Rolls 25
Baked Ziti 29 Zucchini Blend Garlic Toast	Salisbury Steak 30 Mashed Potatoes Broccoli Spears	Spam & Rice 31 Scrambled Eggs Fresh Fruit	Happy 4th of July!!!!

The Elder's Program is located at:

4842

Journey ST
SE, Olympia
WA 98513

(Next to the Health Clinic)

Phone:

(360)486-9546

Lunch Service:

Tuesday—Friday

12:00pm—1:00pm

****There is a charge of \$4.00 for non-eligible meal guests.****

pədg̣wədbix̣w - "Time of Trailing Blackberries"