

Join us for a weekly support group designed to provide a safe and supportive space for women who have experienced any form of domestic violence.

This group is open to women only — a place to find connection, healing, and strength in community. Come as you are and join us on your healing journey.

Questions? Contact us at (360) 970-8649

- 📅 When: Beginning February 5th Wednesdays, 5:00 PM 6:00 PM
- Where: Healing Room NTHWC

What to Expect:

- Mindfulness practices to promote healing and resilience
- Monthly themes with valuable information and resources
- A welcoming, women-centered space to share and reflect