# MEDICAL

We have 15 exam rooms including 3 dedicated pediatric exam rooms and one special Elders room, where we provide a variety of services throughout the patient's life cycle. As a family practice, we have a variety of medical providers, nurses, and support staff. As a patient here, you can choose a primary care provider or PCP. Each provider's availability may differ. Your PCP will be the provider you choose to see for most of your visits and the provider who knows you best.

### Services

- Primary care: care of chronic health conditions & acute care for minor illnesses and injuries
- Pediatric services
- Nurse triage and nurse care management
- COVID-19 testing & vaccinations
- Maternal & infant health
- Well child exams
- Sports physicals
- Diabetes care such as podiatry & nutrition
- Cancer screenings
- Long and short acting contraception options to prevent pregnancy

- Vaccines for children and adults
- Gender affirming care
- Sexual health
- Medications for treatment of opioid use disorder and alcohol use disorder
- Coordinated care with behavioral health
- Referrals to specialty care and diagnostic imaging
- Osteopathic manipulation treatment (OMT) visits
- Acupuncture
- Lab services
- CHR medical transport

## **Emergency medical care**

If you are experiencing a medical emergency, dial 911 and seek emergency medical care immediately.

#### After-hours and urgent care

If you are experiencing a non-life-threatening health emergency when the Nisqually Tribal Health & Wellness Center is closed, please see an urgent care provider near you. **Always call 911 for life-threatening emergencies.** 

Urgent care provides convenient, immediate access to medical care as a better choice over the emergency room for non-life-threatening healthcare needs.

#### MARY BRIDGE URGENT CARE (CHILDREN ONLY)

3504 12th Avenue NE, Olympia, WA 98506 (360) 252-3801

#### **PROVIDENCE IMMEDIATE CARE**

HAWKS PRAIRIE: 2555 Marvin Road NE, Lacey, WA 98516	(360) 493-4450
LACEY: 4800 College Street SE, Lacey, WA 98503	(360) 493-4710

#### Contact

Call (360) 459-5312 then choose option #1 during business hours to contact the medical department.