



**Nisqually Health and Fitness Adult Recreation Assistance Program**

**The Intent of the Adult Health and Fitness Assistance Program (AHFAP) is to aid tribal members with monetary assistance, up to \$500.00 annually.**

**For assistance please contact the Fitness and Nutrition Program  
Phone: 360-455-5213  
Email: [healthfitness@nisqually-nsn.gov](mailto:healthfitness@nisqually-nsn.gov)**