

TeleMedicine

Healthcare Virtually Anywhere. A “TeleMedicine” visit just like a regular medical appointment, except that you interact with your healthcare provider using the Internet and your own Smartphone, Tablet, or Computer.

SAFE & EASY For many healthcare needs, patients can avoid the risk of travelling to our physical location for an in-office visit.



Easy-to-Use. A TeleMedicine visit is as easy as 1-2-3

1 Make an Appointment

Call us at **(360) 459-5312** to schedule with us. After verifying that a Telemedicine visit is right for you, our staff will arrange a timeslot with our family medical practitioner.



There should be no cost associated with downloading this app, however smartphone data rates may apply. Connection quality can also vary based on your internet connection. Thank you for working with us.

2 Download GoTo Meeting

Choose your device: tablet, laptop, or smartphone. Download **GoTo Meeting** by following the instructions. Clinic staff are available to help you through this process.

3 Click on the Link

Health Clinic staff will contact you to provide you with your 9-digit ID number, which you will enter into the app to join your meeting at the time of your appointment.

Frequently Asked Questions

How do I know if a TeleMedicine visit is right for me?

The number of situations appropriate for a TeleMedicine visit is too long to list here. Call our office to determine the right type of appointment for your particular case.

Do I need any special equipment?

No. All you need is an Internet connection, an email account, and any one of the following devices: Smartphone, iPad or Android Tablet, or Personal Computer. If using a computer, be sure it has a webcam, speaker, and microphone (or headset). The first time you use the service, you'll be asked to install a browser plugin. After that, it's just click and connect. **If you need assistance through this process, please call at least 24 hrs before your appt so we can help. We'll help you set it up and test it so you are ready to go.**

How is my privacy protected?

Our medical practitioner conducts all visits in an enclosed medical suite. In addition, we use specialized security software for the two-way videoconference. This ensures your information and conversation is kept private and confidential.



NISQUALLY TRIBAL HEALTH CLINIC
(360) 459-5312