Harvesting Calendar of Native and Non Native Herbs and Medicines

This calendar gives a general idea of when to harvest. However, each year is different and harvesting times can be extended or shortened based on weather and location. Some of these plants can be found at the garden, others out in the wild. Remember to practice good harvesting habits and only take what you need/use.

Herb/Medicine	Jan	Feb	March	April	May	June	July	Aug	Sept	Oct	Nov	Dec
Anise Hyssop (Licorice Mint)					X	X	X	X	X			
Arnica					X	X	X					
Blue Elderberry							X	X				
Borage						X	X	X	X			
Calendula					X	X	X	X	X	X		
California Poppy					X	X	X	X	X			
Cedar	X	X	X	X	X	X	X	X	X	X	X	X
Chamomile						X	X	X	X			
Cherry Bark	X	X	X	X	X	X	X	X	X	X	X	X
Chives				X	X	X	X	X	X	X		
Coastal Strawberry						X	X					
Cottonwood Buds	X	X	X									
Dandelion (leaves & Flowers)			X	X	X	X	X	X	X	X		
Dandelion (Root)	X	X									X	X
Devils Club					X	X	X	X	X			
Echinacea (Root)										X	X	X
Elecampane (Root)										X	X	X
Evergreen Huckleberry								X				
Fir Tips					X							
Hawthorn (Berries)								X	X	X	X	
Highbush Cranberry								X	X	X		
Lavender							X	X	X			
Lemon Balm				X	X	X	X	X	X	X		
Lemon Thyme	X	X	X	X	X	X	X	X	X	X	X	X
Marshmallow (Root)										X	X	X
Nettle		X	X	X	X							
Mint (mixed varieties)	X	X	X	X	X	X	X	X	X	X	X	X
Oregano					X	X	X	X	X	X		
Pacific Crabapple								X	X	X		
Pineapple sage						X	X	X	X	X		
Plantain	X	X	X	X	X	X	X	X	X	X	X	X
Rose (Petals &Hips)					X	X	X			X	X	X
Rosemary	X	X	X	X	X	X	X	X	X	X	X	X
Sage	X	X	X	X	X	X	X	X	X	X	X	X

Salal (Berries & Leaves)				X	X	X	X	X	X	X		
Salmonberry					X	X	X					
Thimbleberry							X	X				
Thyme	X	X	X	X	X	X	X	X	X	X	X	X
Trailing Blackberry							X	X	X			
Valerian (Root)										X	X	X
Willow Bark					X	X	X	X				
Wormwood						X	X					
Yarrow					X	X	X	X	X	X		
Yellow Dock										X	X	X