

Nisqually Elders menu (360)486-9546

Va & Titan, Cooks

menu subject to change
Non-elder price \$4.00

APRIL 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Swiss Steak Mashed Potatoes Peas	2 Turkey Dip Sandwich & Baked Chips	3 Spaghetti Roasted Veggies Garlic Bread	4 Stuffed Peppers Brown Rice Roasted Carrots	5
6	7	8 Chicken Stir Fry & Rice	9 Corned Beef & Cabbage Soup & Crusty Bread	10 Pork Roast Yams Corn Medley	11 Seafood Stuffed Pasta Roasted Greens Cheddar Garlic Biscuit	12
13	14	15 Beef Shepard's Pie Broccoli Spears Wheat Bread	16 Fresh Salmon Patties Wild Brown Rice Roasted Kale	17 American Goulash & Wheat Roll	18 Roast Ham Ranch Potatoes Brussel Sprouts	19
20 	21	22 Oven BBQ Chicken Baked Beans Corn on Cob Potato Salad	23 Ham Hock w/Beans Roasted Kale Cornbread	24 Steak & Potato Casserole Eggs Roasted Asparagus	25 Chicken Fried Steak Veggie Blend Mashed Potatoes	26
27	28	29 Baked Salmon Rice & Beans Green Beans	30 Make Your Own Taco Pinto Beans			