

Volume 14 Issue 4

www.nisqually-nsn.gov

April 2024

# City of Olympia Proclaims March 9 BFJ Day

By Debbie Preston

The Olympia City Council joined the state of Washington in proclaiming March 9 as Billy Frank Jr. Day at the council meeting on March 5. The Canoe Family shared the culture of song and Chairman Willie Frank III and Vice Chair Antonette Squally presented the council a Nisqually Tribe flag and small poster of Frank.



#### BILLY FRANK JR. DAY

in the City of Olympia and urges all community members to honor his efforts to not only protect a cultural way of life, but the entire Puget Sound ecosystem.

SIGNED IN THE CITY OF OLYMPIA, WASHINGTON THIS 5<sup>TH</sup> DAY OF MARCH 2024.



OLYMPIA CITY COUNCIL

Dontae Payne Mayor



### **Tribal Council Business**

### Nisqually Tribal Council Meeting Minutes

Date: 3/15/124 Minutes Approved on: Meeting Called To Order: 11:02

Willie Frank	Chairman	Present
Antonette Squally	Vice Chairman	ו Present
Jackie Whittington	Secretary	Absent
David Iyall	Treasurer	Present
Chaynannah Squally	5 <sup>th</sup> Council	Absent
Guido Levy Jr.	6 <sup>th</sup> Council	Present
Leighanna Scott	7 <sup>th</sup> Council	Present
Derrick Sanchez	Sergeant of A	rms Absent

Guest: Nano P, Mary S, Barbra S, Margret t, Paula K, Doug D, Carmen K, Leon D, Nate C, Pete A, Hayley F, Ezra K, Anne T, Shannon I, Natosha R, Justine C, Heidi P, Leslie F, Andrew S, Shannon B, Norine W.

Alvin Aganon/ Shannon Blanksma – **Approval of Weekly Budget Consent Calendar.** *Motioned by Leighanna Scott, seconded by Antonette Squally. Motion passes, 4-0-0.* 

Shannon Iyall – A Resolution Approving the Automatic Enrollment in the Nisqually Indian Tribe of Esther Smith. Resolution #22. Motioned by Leighanna Scott, seconded by David Iyall. Motion passes, 4-0-0.

Shannon Iyall – A Resolution Approving the Automatic Enrollment in the Nisqually Indian Tribe of Barbara Simmions. Resolution #23. Motioned by David Iyall, seconded by Antonette Squally. Motion passes, 4-0-0.

Shannon Iyall – A Resolution Approving the Automatic Enrollment in the Nisqually Indian Tribe of Paula Kalama. Resolution #24. Motioned by Antonette Squally, seconded by Leighanna Scott. Motion passes, 4-0-0.

Shannon Iyall – A Resolution Approving the Automatic Enrollment in the Nisqually Indian Tribe of Margret Thompson. Resolution #25. Motioned by Antonette Squally, seconded by Guido Levy Jr. Motion passes, 4-0-0.

Shannon Iyall – A Resolution Approving the Automatic Enrollment in the Nisqually Indian Tribe of Jacqueline Stankwitz. Resolution #26. Motioned by Guido Levy Jr, seconded by Leighanna Scott. Motion passes, 4-0-0.

Shannon Iyall – A Resolution Approving the Automatic Enrollment in the Nisqually Indian Tribe of Francis Tahkeal Jr. Resolution #27. *Motioned by David Iyall, seconded by Leighanna Scott. Motion passes, 4-0-0.* 

Heidi Peterson – A Resolution to Amend the Nisqually Children and Family Services (NIFS) Background Check Policies and Procedures. Resolution #28. Motioned by David Iyall, seconded by Antonette Squally. Motion passes, 4-0-0. How to Contact Us

Tribal Center 360-456-5221 Health Clinic 360-459-5312 Law Enforcement 360-459-9603 Youth Center 360-455-5213 Natural Resources 360-438-8687

#### <u>Nisqually Tribal News</u>

4820 She-Nah-Num Dr. SE Olympia, WA 98513 360-456-5221

Leslee Youckton youckton.leslee@nisqually-nsn.gov ext. 1252

The deadline for the newsletter is the second Monday of every month.

#### Nisqually Tribal Council

Chair, William (Willie) Frank III Vice Chair, Antonette Squally Secretary, Jackie Whittington Treasurer, David Iyall 5<sup>th</sup> Council, Chaynannah (Chay) Squally 6<sup>th</sup> Council, Guido Levy Jr. 7<sup>th</sup> Council, Leighanna Scott Where to Find Information: **Squalli Absch Newsletter** - *Mailed, on website* **Street Buzz** - *Mailout, on She Nah Num Facebook and website* 

Nisqually Indian Tribe Facebook

- geared toward educating the public **She Nah Num** - Private Facebook page

Website - <u>www.nisqually-nsn.gov</u>

#### <u>In this issue:</u>

TC Minutes pg. 2
Wu at SPSCC pg. 3
Billy Frank Jr. Day pg. 4
Electric Vehicles pg. 5
Building Department Orders pg. 6
Nisqually Language pg. 8
THPO Updatepg. 9
Garden pg. 10
Health Clinic Administrator pg. 13
Announcements pg. 15





# Haiying Wu settles into space at SPSCC

By Debbie Preston

South Puget Sound Community College welcomed Haiying Wu to the college to finish the final model of the full-size Billy Frank Jr. statue that will eventually become a bronze statue and installed in both National Statuary Hall and one in the Olympia Capitol. Nisqually Tribe language keepers Antonette Squally, vice chairman of the Nisqually Tribe and Chaynannah Squally, 5th council, blessed the space where Wu will be working prior to the base figure being moved into place. There will be public visiting hours to watch. Wu will work over an estimated three months and provide the same feeling of community that Billy Frank Jr. always created.



Continued from page 2- TC MINUTES

Enrollment Committee – Approval for a non-paid GC Meeting for enrollment, for April 13<sup>th</sup>, 2024. Consents Sommer Sanchez – Approval of Marth 1<sup>st</sup>, 2024. TC Minutes. Motioned by Leighanna Scott, seconded by Antonette Squally. Motion passes, 4-0-0. Motion to Adjourn by David Iyall, seconded by Antonette Squally. Motion passes, 4-0-0. Meeting adjourned at 11:15





# **Billy Frank Jr. Day North Thurston**

#### By Debbie Preston

The Billy Frank Jr. Community Celebration, a cooperative project between the Nisqually Indian Tribe and the North Thurston School District, was a rousing success again this year. An estimated 500 attendees took in projects about Billy Frank Jr. and the Fish Wars, including the 50th anniversary of the Boldt Decision, by every grade K through 12.

The Nisqually Tribe Canoe Family shared the culture of song, there were presentations about the Billy Frank Jr. Statue project and a call to action by Salmon Defense for everyone to become a Salmon Warrior, as Billy Frank Jr. always was. Debbie Preston and Aztec Sovereign photos



Students created a project about the chemical in car tires that is killing salmon, especially coho.

https://www.nationalfisherman.com/u-s-regulators-to...

Nisqually Chairman Willie Frank and son of Billy Frank Jr., thanks the crowd for attending and the students for their projects. Young and old take a moment during the program. A beautiful art project that was a collaboration between Nisqually and non-tribal students. Salmon, salmon - everywhere!





# **Electric Vehicles (EV's)**

#### By Debbie Preston

The Nisqually Tribe continues to add to the electric vehicle (EV) fleet, using grants to purchase three 2023 Ford Lightning trucks, two shuttles and gas tax funds to purchase two 19-person shuttles and one electric Mustang and one other pickup. The fleet is now 9 vehicles and the tribe is a continuing to add charging stations, many paid for with grants. The EVs reduce gasoline costs for the tribe and reduce emissions.



# Sen. Murray visits Billy exhibit

By Debbie Preston



U.S. Senator Patty Murray talks with Washington Lieutenant Governor Denny Heck and Nisqually Tribe Chairman Willie Frank III about the Billy Frank Jr. statue project and when the final clay model will begin in the near future for installation in the National Statuary Hall in Washington, D. C. in early 2025. Murray had heard about the exhibit and made a point to visit during some of her district rounds. Murray also discussed the fentanyl issue with Chaynannah Squally, Nisqually 5th Council. **Bob Ferguson** 

By Debbie Preston

Washington Attorney General Bob Ferguson, who is also running for governor, visited with Nisqually tribal council on a number of issues including how the special attention to Missing and Murdered Indigenous People department reports directly to him each day.





### Building Department New Work Order System in Place

By Jessie Fox, Executive Assistant to the Building Department Director

The Building Department is a very busy place, and for a while now we have been looking into work order software to help manage the workload. For the last year we have been working with Brightly Software to create just that. Beginning this February, Building Department Project Managers and Supervisors received training on this new work order software. So far, the staff really likes the software and how easy it has become to place, catalog, and update work orders around the community.

Community members needing assistance with Beautification, DEESP, and other construction needs, can call the Building Department at 360-456-5221 ext. 1322 to create a request for services. The request will be given to a Project Manager, who will then reach out to schedule service or get more information, before passing the request onto the crew Supervisor. Each request will have a unique work order number to help identify the services needed and provided. Community members receiving service need only to reference the work order number when calling the Building Department with questions regarding their request. The work order number can be found on the Service Agreement, which is given out prior to work being started.

Having a work order number for each project also helps to ensure projects are completed in a timely manner, and allows staff to track expenses, and document the work being done. A few supervisors have said this may be "One of the best things to happen to the Building Department".

Supervisors can manage projects, take pictures, and receive new work order requests all while on the jobsite, thanks to the innovative mobile app. The app will also allow Project Managers to schedule nonemergency jobs and maintenance in a way that will maximize time and minimize travel time between jobs.

In the off chance that a community member is not home when service has been scheduled, a door hanger with the work order number will be placed on the door, and the community member can reference that number when calling to reschedule.

Additionally, Beautification and DEESP applications and policies are now available in the Building Department lobby. If you need these services, please stop by to pick one up. And if you have questions or need help filling out the forms, staff will be on hand to assist you.

The Building Department values the impact we have in the community and feels privileged to be able to help those in the community. If you have any questions or need further assistance, please call the Building Department at 360-456-5221 ext. 1322.

# **Pulling Together for Success**

#### By Debbie Preston

The Pulling Together for Success Community Resources February gathering had 35 tables, the most so far, providing job opportunities, health and wellness information, voting tidbits and so much more.







# Remember: Scam [rhymes with] Spam!

#### Tips by the IT-WebDev Department

We've published numerous articles covering fraudulent activities that thieves, hackers and malicious entities utilize to attempt to attack someone's privacy. Aside from the



attacks into large corporations or mass government databases, such as recent headlines of millions of Xfinity customers' account data being compromised; there is always the threat of personal attack at the individual level. In 2023, scams originating from online sources accounted for the majority of personal fraud. These activities

are being conducted across international borders more frequently now than ever to avoid legal enforcement.

2023 saw a 71 percent rise in the below types of attacks on consumers. More than 7 in 10 adults have been targeted by scammers in the past year. These numerous types of threats (both over the phone and via email) include:

- Inquiring about debt reduction
- Fake deliveries of packages
- Expiring warranties (on automobiles or appliances)
- Imitation banking account or credit card urgent
  notices
- Free gift offers
- Student loan forgiveness
- Refund offers

#### Tips to avoid scammers and spammers;

- ✓ Do not provide any personal information over the phone or via email.
- Any urgent request is most likely fake, do not reply to contact information provided in an email or by phone call. Contact the bank or credit company directly at their known phone number(s).
- Do not accept friend requests from fake/duplicate social media accounts.
- ✓ Flag spam emails as "junk" and report them as spam
- ✓ Update smart phones with the latest security patches and/or available operating systems

Scammers are hiding in plain sight on social media platforms according to the FTC's Consumer Sentinel Network. One in four people who reported losing money to fraud since 2021 said it started on social media. Scammers can easily manufacture a fake persona, or hack into a profile, pretend to be someone else or even us, and con our friends. They can learn to tailor their approach from what we share on social media. And scammers who place ads can even use tools available to advertisers to methodically target us based on personal details, such as our age, interests, or past purchases. Read more online at the FTC website;

https://www.ftc.gov/news-events/data-visualizations/dataspotlight/2023/10/social-media-golden-goose-scammers

**Disclaimer:** Nisqually Indian Tribe does not endorse, promote, review, or warrant the accuracy of the services, products or links provided.

## **Nisqually Parks**

#### By Debbie Preston

The Nisqually Tribe and the Washington state Parks and Recreation Commission updated their partnership agreements in February.

The agreement also revisited the outline for the next phase of the park and \$500,000 of artwork by Nisqually artists that will be featured throughout the park.

The tribe and state parks representatives took reporters from the Olympian/Tacoma News Tribune on a tour to better visualize the planned improvements for the next year that include a trail down to the river where there is only a rough road currently.

There will also be interpretive signage and possibly the only public place where visitors can see salmon spawn on the Nisqually River.



Nisqually State will eventually be the first new park with overnight camping in the state in more than 30 years.



### **Nisqually Language**

By Catalina Sanchez

Busy start to 2024 for Nisqually Language. Nisqually Language department has started doing a weekly prayer in front of the administration building Wednesdays at 9:00 a.m. The language department has added Wa He Lut dian School to their teaching schedule for the end of the 2024 school year.

Language has regularly started attending **Culture nights on Wednesday** nights adding in nguage bingo and prizes either at the Youth Center or the Culture long House depending on ents that week.

**Nisqually Elders Language** class and Bingo are happening Fridays after lunch in the elders building.

We welcome all who would like to attend classes. And much more please look out for future articles for upcoming events and projects. Thank you to our amazing language staff who are in constant movement with all the teachings we do roughout the many school districts we visit.

Shout out to Evergreen Forest, Southworth ementary, Wa He Lut, Yelm Middle School, River

Ridge HS and many more. More updates to come. Hope to see you on Wednesdays or Fridays!



# **Medicine River Ranch Piglets**

By Debbie Preston Photos by Aztec Sovereign

It's getting to be spring and here come the piglets out at Medicine River Ranch! There will be about 30 piglets born in this month! Come see the pigs for yourself at the April 3 open house, from 10 a.m. to 1 p.m.







# **THPO Program Updates**

#### By Brad Beach, THPO

There are a lot of exciting things happening in the world of historic preservation; and luckily, we are right in the middle of it. A large development in DuPont has dramatically increased our level of consultation with city officials. Department of Transportation and Sound Transit projects throughout the I-5 corridor are rolling along at a rapid pace. Pierce County is in the middle of their comprehensive plan updates and are partnering with the Medicine Creek Treaty Tribes as they develop cultural resource policy to help guide development throughout the County. The volume of city and county development permits within the Medicine Creek ceded lands is also on pace to break last year's numbers. And, throughout all the consultation and project reviews we participate in, we are actively working on the Tribal Historic Preservation Office (THPO) program grant through the National Park Service; this grant will provide ongoing, noncompetitive funding, to supplement our current budget and allow us to better protect the Tribe's archaeological and cultural resources.

An incredibly exciting piece of news is that the Tribe took possession of the Woodard Bay archaeological collection! Woodard Bay, on the west side of Henderson Inlet, was intensively researched in the early 1990's by a now retired professor at Pacific Lutheran University (PLU). The archaeological collection had been sitting in a back storeroom for the last two decades without anyone paying much attention to it. Recently, a long-time friend to the Nisqually Tribe, Greg Burtchard, retired Mt. Rainier archaeologist, became a Faculty Fellow of Anthropology at PLU, and noticed this collection collecting dust. After some internal discussion between Greg Burtchard, Department Chair of Anthropology Bradford Andrews, and other PLU administrators, it became clear that returning the collection to the Nisqually Tribe was the appropriate path forward. Greg reached out to Annette "Nettsie" Bullchild. Director of the THPO and Archives programs to arrange this return. While Nettsie and Greg discussed the details of the return, PLU students learning the skills of archival storage went through the entire collection, inventorying and preparing it for long-term storage. Once the students had preserved and inventoried the collection, the Nisqually Archives and THPO staff drove to PLU and loaded the collection in our vehicles and brought it back to Nisgually!

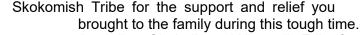
Just a friendly reminder, the THPO program has found a new home in building "H", next door to SPIPA. HR is now located in the building that used to house the medical clinic. Like always, if you have any questions regarding historic preservation, feel free to email me at beach.brad@nisqually-nsn.gov.

Thank you from the Johns, Wells & McCloud Family

We appreciate the support we received during this

difficult time in our lives of losing our beloved father, husband, uncle, brother and friend. Incredibly grateful for your kind words, prayers and song Melvin Blacketer and Celeste McCloud for your eulogy, it was deeply touching and we can't thank you both enough for speaking during Benjy's funeral.

Thank you to Krystale, CJ, Mila, Avery, Rose, Mary, Elena, Lil Bear, Hattie, Donna and Amanda for taking the time to prepare food for us. Not only was it delicious, it was greatly appreciated.



As well as Chehalis and Nisqually Tribe for their assistance, it's very much appreciated. Thank you Nisqually Canoe Family for singing.

It speaks volumes of our community of all who helped from the graveyard, sewing the vests and ribbon skirts, giveaway items, brought dishes and meal items, & all who took their time and sent Benjy on his journey.

From the Johns, Wells & McCloud family.

# Community Garden THE DIRT

April 2024





- Cedar leaves and bark
- Cattail roots and flowers
- Dandelion flowers/buds and roots
- Usnea
- Big leaf maple flowers
- Devils Club bark
- Princess Pine
- Chickweed
- Nettle
- Fir tips
- Horse tail
- Fiddlehead ferns from lady fern
- Licorice fern rhizome and young stems
- Miners lettuce
- Plantain
- Red Alder bark
- Skunk Cabbage

#### Produce Availability:

- Carrots
- Kale

In the spring, at the end of the day, you should smell like dirt.

~Margaret Atwood



Indoor Seeding: Kohlrabi, tomatillos, eggplant, lettuce, cabbage, fennel, bok choi, sunflowers, leeks, broccoli, and beneficial flowers.

\*This section will be used to inform you of what seeds you should be starting indoors. Whether that be a green house or a warm very sunny window.

#### Direct Seeding:

Beets, carrots, arugula, potatoes, spinach, dill, cilantro, turnips, radishes, and cilantro.

\*This section will be used to tell you what seeds you should be directly seeding into your garden beds, pots, or planters.

#### Monthly Garden Tips:

This month you can plant corn only if soil temperatures are 65F or above and consistent, most likely around the end of the month. You can also start planting potatoes and onion sets. Onions are best planted in sets of 3. If you are not starting your own seeds, you may start buying early season vegetable starts-no tomatoes or peppers yet! Make sure to protect them if night-time temperatures drop to freezing or below. You may also start planting herbs at this time just not basil as it is still too cold at night for them. Finally, start thinning your carrots to the proper spacing.

If you have any questions or want to know more about anything in this month's article, please contact Chantay at <u>anderson.chantay@nisqually-nsn.gov</u> Written by: Chantay Anderson, Garden Program Manager







Plant or vegetable of the month:

### STINGING NETTLE

Look for stinging nettles in wet forest and open woodlands growing 3–7 feet tall. Deep green serrated leaves are opposite from each other on square stems. Tiny greenish flowers emerge from the leaf nodes. In spring, the new growth is a delicious cooked green. In summer the leaves can be dried and made into nutritious tea. Fall stalks can be gathered and made into strong cordage.

Nettle

Gather nettles in early spring when they are three to eight inches tall. When you harvest, make sure to bring gloves or scissors to avoid being stung. Cut the stem above the bottom few leaves so the plant can continue to grow. Young stems are tender enough to be eaten.

Nettles can be boiled, steamed or sautéed like spinach. Cooked nettles can be frozen for later use. Dried nettles can be made into tea or used as a seasoning.

Nettles are high in minerals, vitamins, chlorophyll and amino acids. As a medicine, nettles help to bring the body back to a state of balance. They assist the liver and kidneys in detoxification and decrease inflammation. Many people find that they are useful for alleviating seasonal allergies, arthritis, skin problems, low energy and other conditions.



#### Try this recipe!

#### Feeding 7 Generations A Salish Cookbook by Elise Krohn and Valerie Segrest

### NETTLE PESTO

Toss nettle pesto with pasta, potatoes or cooked vegetables. It can also be spread on crackers or sandwiches, or used as a dip. Spring greens including chickweed and arugula can also be used.

#### Ingredients

- small bag (about 6 cups) of young fresh nettles, rinsed
   bunch basil, stems removed, washed and drained (about 2 cups leaves)
- ½ cup Parmesan or Romano cheese, grated
- 1/3 cup walnuts or pine nuts1/3 cup of extra virgin olive oil
- 1–3 cloves garlic, chopped 1 teaspoon lemon juice

Recipe by Elise Krohn

Salt and pepper to taste

#### Preparation

Rinse nettles in a strainer, then boil them in water (blanch) for one minute to remove the sting. Drain well, let cool and roughly chop. Place all ingredients in a food processor or blender. Blend until smooth. Add salt and pepper to taste. Place the pesto in a clean jar and pour a little extra olive oil over the top. Cover with a lid. This will keep for 2 weeks in the refrigerator. You can freeze pesto in ice cube trays and use it throughout the year.

Prep time: 20 minutes. Serves 4-6.





### **BUDGET & HOMEBUYERS CLASS**

Nisqually Indian Tribal Housing 2205 Lashi St. SE Olympia, WA 98513 April 17, 2024 from 5 - 7 p.m.

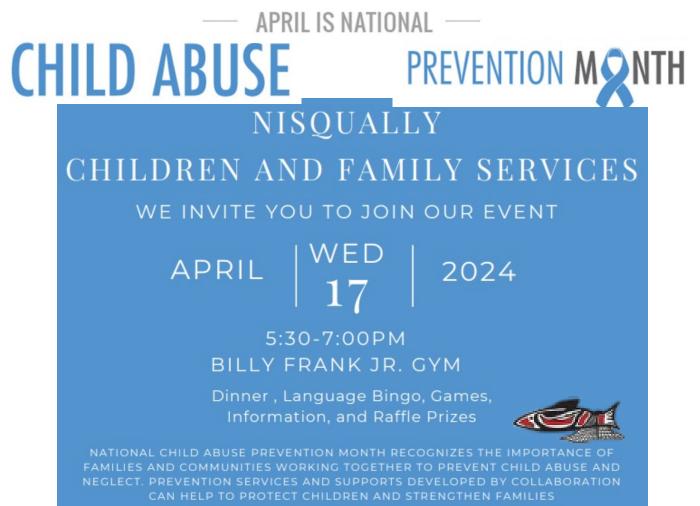
Please sign up for the class by April 5 with: Charlene: clewis.tlsrealestate@gmail.com or 1-565-8313 Katrina: delacruz.katrina@nisqually-nsn.gov or 1-360-493-0081

# New Housing Tenants!

Nisqually Indian Tribal Housing Department welcomes the proud new tenants of the newest addition of 48<sup>th</sup> Avenue.

Francisco Angulo & Tatiyana Perez-Gutierrez Congratulations!











# Welcome the New Nisqually Health Clinic Administrator - Michael Christensen

Michael is a successful healthcare leader with a



demonstratable history of positive innovation and profitable operations in clinical care and C-Level roles within integrated service delivery organizations and ACO teams. His history demonstrates a proven record leading others, streamlining business processes, preparing, organizing, and implementing strategic plans

and managing multiple business service lines in diverse and complex integrated health systems.

He has more than 41 years experience in the C Level with major hospital and clinic corporations including Epic Healthcare, Charter Medical, Hospital Corporation of America, National Medical Care, Voluntary Hospitals of America, Summit Health and Integrated Healthcare Services.

He additionally worked with the National Level leadership of the Indian Health Services at the Directors Office, as well as serving as a mentor and senior leader with the Institute for Healthcare Improvement. He has specialized training in SWOT strategic planning from W.H.O., is Multi Lingual in English, Spanish, and some Italian and Portuguese and holds a CSSBB 6  $\Sigma$  Six Sigma Master Black Belt Certification, Certified Professional in Healthcare Quality CPHQ, Certified Project Manager (CPM), Health Care Quality and Management HCQM, and Project Management Professional – EDS.

He is educationally prepared with a bachelor's in business administration – Accounting and Finance; as well as an MBA / MHA Master of Science in Healthcare Administration.

He also has been a Fellow, American College of Healthcare Executives (FACHE), a Fellow, Hospital Financial Management Association (FHFMA), a member of the Board of Directors, Alaska Tribal Health (Partner with South Central Foundation 2012 Malcolm Baldrige Winner) managing the largest tertiary care facility in Alaska.

He and his wife Maria have nine children, 11 grandchildren (10 living) and have two teacup yorkies who rule the kingdom. He enjoys fishing, hiking, eating salmon and doing family histories.

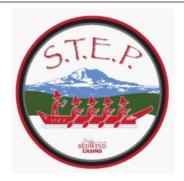
## Applying for STEPApprenticeship at Red Wind Casino

Just a quick update for our Nisqually tribal members! We wanted to let you know that we have a new system in place for applying to STEP Apprenticeships. The best part? No more passwords! We hope this new system will make the application process smoother for everyone.

If you're interested in applying, head on over to the Red Wind Casino website and click on the "STEP Apprenticeships link." Remember, you must be an enrolled Nisqually tribal member to apply. If you answer no to this question, your application will automatically be rejected.

Once you're on the STEP Apprenticeship page, please take a look at the different programs we offer

and find one that sparks your interest. Then, click on the "Apply Now" button and fill out any application that has STEP in front of it. All



open STEP positions will be posted on this page Just make sure you meet the eligibility requirements and provide accurate information in the application. Good luck with your application! We're rooting for you!

Tia Lozeau, on behalf of the STEP Board If you have any questions, please reach out to tlozeau@redwind.net or 360-412-3651.





### SPIPA is excited to be able to provide Diaper Distribution services to eligible Consortium Tribal Members

The Diaper Distribution on Reservations Project works with other SPIPA Programs to deliver diapering needs to eligible families with children age 0-18 residing in the SPIPA service area.



#### For more information fill out this form today, or for questions, email DDOR@spipa.org



Form is available at: spipa.org/family-and-community-resources/

### Eligibility

- Atleast one household member is enrolled in a SPIPA consortium Tribe
- Must meet income guidelines

#### If you qualify for:

Food Vouchers LIHEAP/ Weatherization USDA Foods WIC Workforce Development Programs You are eligible to receive diaper distribution.

#### Diapers are NOT CHEAP

Often times, those in low income families face high costs and limited supplies of this essential need.

**1 in 3 Mothers** in the United States struggle with diaper scarcity.

Diapers are necessary When supplies are low or absent, it can add to the challenges of maintaining consistent childcare and steady employment.









### Announcements

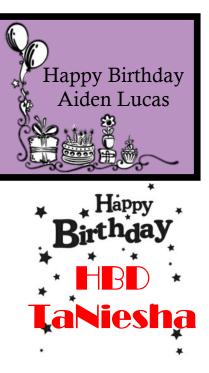
April 7, Happy 30th Birthday Samira, Love Dad, Mom, Keisha, Jasmine, Nevaeh and Rodney

April 7, Happy Birthday Juanito, Love the McDonald Family April 11, Happy Birthday Kylee, Love the McDonald Family

April 26, Happy Birthday Dalia, Love the McDonald Family







### **Tribal Estate and Will Planning**

Tribal Estate Planning Services provided by Emily Penoyar-Rambo

Services offered:

- Last will and testament
- Durable power of attorney
- Healthcare directive
- Tangible personal property bequest
- Funeral/burial instructions
- Probate

Zoom meetings will be set up for the first and third Thursday of each month. Available appointment times are 8:30 a.m., 9:30 a.m., 10:30 a.m. and 11:30 a.m.

Please call Lori Lehman at 360-456-5221 to set up an appointment.



FREE Rides Monday through Friday

Transit available 6:00 a.m. to 6 :00 p.m. Open to all tribal, community and tribal employees. We offer rides from 6:15 a.m. to last off

rez ride at 5:15 p.m. Contact Adrian Scott, Motor Pool Coordinator/Dispatch

### At 360-456-5236



Visqually Indian Tribe 4820 She-Nah-Num Dr. SE 617mpia, WA 98513